

**AIM INSTITUTE | SPIRITUAL FORMATION**  
**Course Syllabus**  
**February 2, 2023**

**COURSE: *Spiritual Formation***

**Course Term: February 2 to April 27, 2023**

Twelve weeks beginning Thursday, February 2, 7:00PM New York time (no Zoom debrief March 30)

**COURSE DESCRIPTION:**

This course is based on the words of Paul in Romans 8:29. The goal for every disciple is, "To become conformed to the image of His Son." Rather than starting with a focus on external spiritual disciplines, this course begins by looking at the life of Christ within. Jesus forms a heart for disciplines and perseverance to walk in them. One is inspired to worship, to pray, fast, etc., not because of a commitment on a calendar but by the overflow from Christ within.

**INTRODUCTION VIDEO: [CLICK HERE](#)**

**OBJECTIVES**

This course is designed to develop the student's ability to...

- experience the difference between being yoked together with Christ (external discipline) to being formed into the image of Christ (internal discipline)
- learn the full scope of disciplines that are part of the discipleship program for Christians
- understand what it means to "...come...unto the measure of the stature of the fullness of Christ"
- recognize how a life formed into the image of Christ can lead to a successful life: spiritually and otherwise ("Life more abundant")

**INSTRUCTOR:** Nat Saginario

"Teaching and mentoring has been the joy of my life." Nat's statement has totally represented the life and ministry of a man whose first priority is being in relationship with Jesus, second priority family, and third priority reaching out to people around the world challenging them to grow in Christ. This he has done as pastor, assistant pastor, Bible College Instructor, and cross-border missionary spanning 85+ countries. Nat presently resides near Cleveland, Ohio, and has been associated with various colleges,

mission organizations, and churches. His academic preparation includes a Bachelor of Arts degree and Master of Arts degree in Education.

## **COURSE FORMAT**

This directed study format enables you to receive college level instruction while studying at home. (Note, AIM Institute does not offer accredited college credits.) Course elements include:

- Weekly video assignments
- Required textbook reading assignments
- Contact time with the instructor and classmates is provided in a weekly Zoom debrief classroom
- Study questions are for your personal benefit as well as preparation for the weekly debrief
- Approximate time commitment is one hour per week of preparation and a one hour per week Zoom debrief (total two hours).
- Course will be graded as pass or fail. Bear in mind time invested in weekly preparation will have a direct bearing on how much you gain from the course.

## **COURSE SCHEDULE**

- The first of twelve debriefs will be on Thursday February 2, 2022, at 7 PM.
- You will receive a Zoom invite by email for each debrief.
- Preparation can be done at any time before the debrief.
- To maximize the use of your time, we will not cover information from the videos in the debrief unless there are questions.
- Completion of the course requires a project: A survey list of 15 questions concerning Spiritual Formation, as well as 15 responses to those questions from friends/family/church congregation (to be explained at the first Zoom session)
- A complete schedule with weekly assignments will be sent to you after you are registered.

## **REQUIREMENTS**

- This is an intensive course; students should plan to participate in all class sessions.
- Complete all course reading, watch videos, and writing assignments.
- Complete course project.

## **TEXTS**

- Holy Bible (Translation of your choice)
- "Abide in Christ," by Andrew Murray

Online registration form is available at [CLICK HERE](#)

For more information, contact Nat Saginario, email: [NatSaginario@AIMTeam.org](mailto:NatSaginario@AIMTeam.org)