

**AIM INSTITUTE**  
**Discover Your Purpose with Terry King**  
**Study Guide**

**COURSE:** *Discover Your Purpose*

**Course Term:** Twelve weeks beginning Sunday September 10, 7:00PM (Eastern Standard Time)

**COURSE DESCRIPTION**

What is the direction of your life? What will your legacy be? More important, what is God's purpose, mission for your life? This is a Bible-based look at personal identity. Our goal is to equip the student to write a personal mission statement. Several assessment tools will be used, an opportunity will be given for personal reflection. We conclude with instruction for building an action plan with teaching on goals and scheduling.

**COURSE VIDEOS** [CLICK HERE](#)

**OBJECTIVES**

1. To study the biblical basis for discovering one's personal vision and mission.
2. To assist the student in discovering personal spiritual gifts, values and personality traits.
3. To walk the student through the process of writing personal vision and mission statements.
4. To equip and challenge the student to develop an action plan for stewarding one's vision and mission.
5. Expose students to various resources for additional personal study.

**INSTRUCTOR:** Terry King

Terry King often says, "I love to train and resource leaders!" Terry's teaching and equipping calling has taken him across the United States and to forty-one countries. Terry has served as a trainer, leadership coach, mentor, pastor, conference and seminar speaker, college instructor and academic dean. Married to Linda in 1972, the Kings are based in Hagerstown, Maryland, having previously lived in Zimbabwe and the Philippines. Terry's MA degrees in Cross-Cultural Communication and HRD Leadership Studies and background of 51 years of teaching and coaching experience has prepared him to make a difference.

Terry currently serves as the executive director of Leadership Development Resources and is part of the leadership team of Alliance International Ministries.

## **COURSE FORMAT**

This directed study format enables you to receive college level instruction while studying at home. (Note, AIM Institute does not offer accredited college credits.) Course elements include:

- Watch weekly video assignments.
- Contact time with the instructor and classmates by means of a weekly Zoom debrief classroom.
- Study questions for your personal benefit as well as preparation for the weekly debrief.
- The course will be graded as pass or fail. Bear in mind your weekly preparation will have a direct bearing on how much you gain from the course.

## **COURSE SCHEDULE**

- The first of twelve weeks beginning Sunday September 10 at 7:00PM Eastern Standard Time.
- You will receive a Zoom invite by email for each debrief.
- Preparation, including watching the lecture videos can be done at any time before the debrief.
- Completion of the course requires a project which will summarize your personal vision and mission statements and an action plan for moving forward. These will be developed during the course.

## **REQUIREMENTS**

- This is an intensive course; students should plan to participate in all class sessions.
- Complete all course reading, watch videos, and writing assignments.
- Complete course project on week 12.

## **TEXTS**

- Holy Bible (Translation of your choice)
- A specific text is not required for this course. There will be recommended readings from the following books.
- Rima, Samuel D. Leading from the Inside Out. Grand Rapids, MI: Baker Books, 2000
- Covey, Stephen R. The Seven Habits of Highly Effective People. New York, New York: Simon and Schuster, 1989, 2004.

- A bibliography with additional books will be provided in the Study Guide.
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September 10 | Session 1

**You are a leader, you have influence.**

- Watch video 1
  - Orientation and Course Introduction
  - Preparation questions: What are the spheres of influence? Do you consider yourself to be a leader? Do others? Are there possibly others where you are not aware?
  - Recommended reading Rima chapter 1
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September 17 | Session 2

**Your purpose is a gift from God and flows from within.**

- Watch Video 2
- List the key roles in your life (Son/daughter? Husband/wife? Employer/employee? Friend? Church member/leader? Etc.)

- 1.
- 2.
- 3.
- 4.
- 5.

Imagine your funeral. What do you want each to say?

- Several Scriptures were given in the video. Choose at least one and prepare to comment on what it says to you during the Zoom debrief.
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September 24 No Debrief

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October 1 | Session 3

**Your Purpose is empowered by spiritual gifts.**

- Watch Video 3
- What does it mean to you personally to read in Scripture that you were made in the image of God?
- Review the difference between Motive (or energizing), Manifestation and Administration gifts. See course handout notes, page 14 (Three categories of gifts.)
- Take the survey  
<https://mintools.com/spiritual-gifts-test.htm>
- What motive gift has the highest score?
- Research the definition of the gift (See handout notes, Appendix I “Gothard, B Spiritual Gifts”)
- How do the results strike you? Surprised or confirmed?
- Share with someone you trust and note their response.

October 8 | Session 4

**Your purpose is founded upon your unique mix of values.**

- Watch Video 4
- Consider the following list of values. Choose 5 and then rank them in order of importance.

#### Values Assessment

|                        |                |                 |
|------------------------|----------------|-----------------|
| Order                  | Love           | Wisdom          |
| Sharing                | Spirituality   | Reliability     |
| Respect                | Health         | Courage         |
| Creativity             | Adventure      | Professionalism |
| Loyalty                | Responsibility | Optimism        |
| Hard Work              | Friendship     | Humility        |
| Determination          | Power          | Co-operation    |
| Freedom (independence) | Ambition       | Commitment      |
| Patience               | Fame           | Self-esteem     |
| Integrity and honesty  | Strength       | Empathy         |
| Caring                 | Trust          | Resilience      |
| Recognition            | Courtesy       | Humor           |
| Recreation             | Family         | Tolerance       |

Personal Development  
Community  
Equality  
Achievement  
Economic Security  
Harmony

Relationships, friendship  
Permanence  
Personal Growth  
Community  
Control (self-control)  
Productivity

Personal Security  
Quality of Life  
Individuality  
Honor  
Learning, education

- What did you learn about yourself in this exercise?
- Recommended reading Rima, chapter 2 and George Chapter 5

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October 15 | Session 5

**Your purpose is defined by boundaries which include convictions, and ethics.**

- Watch Video 5
- List your three top convictions

1.

2

3.

- What are three areas of temptation and vulnerability where you are tested?
- What do you say to yourself when encountering these situations?
- To whom are you accountable in these areas?

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October 22 | Session 6

**Your purpose is effective when you build on your strengths.**

- Watch Video 6
- Take the “16 Personalities assessment” <https://www.16personalities.com/>  
The result will be a type. What is your reaction to the description?
- Take the “Standout” assessment by Marcus Buckingham  
<https://mailchi.mp/marcusbuckingham.com/standout-assessment>  
Note your two top roles. Be sure to read the descriptions given, they may be different from your first impression.

- Share with someone you trust and note their response.
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October 29 No Debrief

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November 5 | Session 7

**Your purpose is fulfilled when running your race.**

- Watch Video 7
  - The objective for the following sessions: Each of us needs a **compelling vision** (What do I want to be? What do I look like?), a **defined mission** (What is my purpose? What will I do with my life?), a **plan** (How am I going to get there?).
  - Begin the process by considering what you have already heard.
    1. List any key scriptures which you consider to be life verses. Recall the situation in which they become special to you.
    2. What counsel have you received from individuals you look to as mentors or spiritual leaders?
    3. Outline key prophetic words which you have received.
    4. Outline key dreams in which you believe God has spoken to you.
    5. Outline other personal impressions.
  - Recommended reading Covey, Habit 2, “Begin with the End in Mind”
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November 12 | Session 8

## Your purpose has a mission to fulfill

- Watch Video 8
- Review the previous sessions. Consider your spiritual gifts, values, convictions, what you have heard in the past and the results of the personality assessments.
- Write a draft for your big picture personal mission/purpose statement.

Consider the characteristics of a purpose statement given in the video.  
Consider using the following as a guide.

Consider the different roles in your life. For this exercise, concentrate on your primary ministry role.

“I believe God has called me to [action] for [audience] by [skills] to [desired result].”

“I am called to help (group of people I have influence with) to (solve this problem) by (my unique solution that draws on my gifts, passion and experience).”

- Recommended reading Rima chapter 3

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November 19 | Session 9

### **You are responsible for your mission.**

- Watch video 9
- Study the illustration below. Where are you on the scale? Consider key areas of your life:
  - a. Time you get out of bed in the morning
  - b. Clothing you wear (dress codes at work, etc?)
  - c. Length of commute to work
  - d. Meetings
  - e. What I do at lunch
  - f. Free time

| No Control |   |   | Some Control |   | Complete Control |   |   |
|------------|---|---|--------------|---|------------------|---|---|
| 1          | 2 | 3 | 4            | 5 | 6                | 7 | 8 |

- What are the emotions that you feel when you are not in control of the events in your life?
- Identify a situation in the past where you were tempted to be re-active. What is your plan to take responsibility?

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November 26 | Session 10

**Your purpose has direction, a plan.**

- Watch Video 10
- Begin the process of building a self-management plan
- Several time robbers were given in the video. To which one are you most vulnerable?
- Study the four quadrants of the time matrix. Where are you spending most of your time? What is the trap that ensnares you?

Important and Urgent

Important but not Urgent

Not Important but Urgent

Not Important and Not Urgent

- List 1 big picture objective for the next 12 months from different areas of your life. (Consider family, work, church, personal, etc.)
  - Write a one month goal for each including the four key ingredients: measurable, accountable, significant and manageable.
  - Write and schedule tasks necessary to complete this goal.
  - Recommended reading, Rima chapter 4, Covey Habit 3, "Put First Things First"
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December 3 | Session 11

**The endurance of your mission depends on personal renewal.**

- Watch Video 11
  - What is your plan (objectives and goals) for personal renewal?
    1. Spiritual
    2. Emotional
    3. Relationships
    4. Physical
    5. Intellectual
  - Recommended reading Rima chapters 6-9 and Covey Habit 7
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December 10 | Session 12

Review project results

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**Selective Bibliography**

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